

# SIX PEOPLE AWAY

By Evsttarr

When I first reflected on the theme for this issue, *connecting the dots*, it immediately brought to mind a frequent analogy that I use in the Louise Hay groups that I teach. As we go through the 14-week course, I'm asked several times throughout the course questions like, "How do you explain a baby born with a birth defect, or the mother that loses a child through death?" ...the list goes on and on. My answer to these questions is this: imagine the United States as a whole, and the 50 states constitute what is within the makeup of that whole, the larger picture, the U.S. Your life, and anyone else's you're trying to examine, is just a mere part of the whole. In my fifth-grade classroom, we had a large wooden puzzle of the U.S. and our task as students was to correctly place all the puzzle pieces in their corresponding spots. That exercise stayed with me my entire life, probably because the Universe knew that one day I would be using that same theory in the metaphysical work that I do.

Therefore, in much the same way as the wooden puzzle, we don't know what lies beyond the curtain of someone else's life. We don't know what karma or dharma is going on and **why** those lessons (a birth defect, a child's death, etc.etc.) need to be experienced. We are only looking at a **piece** of the puzzle, not the whole. The Universe, your life and my life are divinely orchestrated with just the right instruments to bring about this glorious symphony we partake in every day.

Being the oldest of five daughters and growing up on a 50-acre farm in Huntsburg, Ohio, I know only too well the meaning of responsibility. I raised my four sisters, collected eggs from the chicken coop, picked beans and milked the only goat we had. In my spare time, I cooked, cleaned and went to school, unaware that the Universe was preparing me for my numerous years as a single mom. You see, it's all *connected*, much like the keys on a piano; ebony and ivory

working together making the music that creates the whole.

Take a few minutes right now and close your eyes while you think back on all the scores of circumstances, situations, people and synchronicities in your life that played an integral part in who you are today; *connect the dots*. Do this now, I'll wait.

*"We are all connected to everyone and everything in the universe.*

*Therefore, everything one does as an individual affects the whole.*

*All thoughts, words, images, prayers, blessings and deeds are listened to by all that is."* – Serge Kahili King

In essence, we are all created equal in the image and likeness of God. I am no less, nor no more, than you; we are equal in God's eyes. The ego spends its whole life trying to convince us otherwise, bringing in judgment, blame, criticism and what have you. The main theme that I incorporate into the personal coaching and the groups that I facilitate is loving the self and forgiving all, including the self. As much as you may not want to hear it, we are connected to everyone, even the Hitlers of the Universe.

When we blame another human being, such as our spouses, our parents, our kids, the government, God, religion, society etc. etc., we are giving our power away, hence becoming powerless. We need to take off our "holier than thou" glasses and start taking responsibility for "the *dots we've connected* in our own lives and worlds; after all...we are a part of it, all inclusive. The world is mirroring our thoughts, beliefs and attitudes. Like I've said 1,000 times over to my students, it's your script, if you don't like the actors replace them. If the ending doesn't please you, rewrite it. There is **no one** other than you directing your screenplay. Once you get off the blame wagon and *connect the dots*, you'll find they lead right back to **you**.

Not too long ago I rented a movie on DVD, *The Five People You Meet in Heaven* (2004) (TV) directed by Lloyd Kramer adapted from the book written by Mitch Albom, which clearly illustrates how we are a *piece in the puzzle* of the lives we touch. In the movie there is a character named Eddie, played by Jon Voight, who spent his life as a repairman at the Ruby Pier Amusement Park.

On Eddie's 83<sup>rd</sup> birthday, an accident on one of the rides imperils a 5-year-old girl. In an attempt to save the little girl's life, Eddie loses his own and awakens in a place called Heaven. While in Heaven Eddie is not alone, he meets five people, each of whom shared with him a significant connection in the bigger picture we call life. I recall as I watched



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the movie how it seemed to fit my perception of what I believed Heaven to be, which is exactly what we (each individually) think it is, a vineyard for me, a sunny beach for you, or a huge golf green for someone else. It also cemented my theory – we never really know what part we play in other people’s lives until that final day when we cross over to the other side and *connect the dots*.

There is an expression that I’ve heard from time to time that I find fascinating; *we are only six people away from knowing everyone in the world*. Upon researching this theory, I came across a few different notions, one being six degrees of Lois Weisberg. Lois Weisberg, once commissioner of Cultural Affairs for the City of Chicago, is connected by a very short chain to nearly everyone. In the course of her 73 years (when the article was written) she had connections at one time or another with actors, musicians, doctors, lawyers, politicians, activists and environ-

mentalists. She was one of those people who knew someone in just about every walk of life and could get you a *connection*.

In the late 1960s, a Harvard social psychologist named Stanley Milgram conducted an experiment in an effort to find an answer to what is known as the small-world problem, though it could also be called the Lois Weisberg problem. The problem is this: How are human beings connected? Milgram developed a chain letter and a method of tracking it to find out exactly how many people it takes for it to reach someone across the country, and came up with the same theory.

There is another way to look at this question and it’s through the popular parlor game Six Degrees of Kevin Bacon. The idea behind the game is to try to link, in fewer than six steps, any actor or actress through the movies they’ve been in, to the actor Kevin Bacon.

— (Source: The New Yorker January 11, 1999 Annals of Society)

So however you slice the pie, we are *connecting the dots*, day-by-day, moment by moment, getting closer and closer to being just *six people away*.


*Evstarr’s spiritual journey has taken her coast-to-coast studying the various schools of thought. Look for Treasure Mapping & Louise Hay workshops coming in July & August. Contact Evstarr@yahoo.com for speaking engagements for your upcoming events & to book your Angel Card parties. Check out her web site www.reachforthemoon.net for latest listings & to be added to her mailing list.*



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